

Nursery	Session 1	Session 2
Monday	<p>This week we will be investigating hibernation- when animals sleep for part of the winter because there is not enough food, and the weather is cold. Animals find a safe, quiet place to sleep so they do not need to eat. Find out more at:</p> <p>Why do animals hibernate? https://www.youtube.com/watch?v=AHclJXhj6DQ</p> <p>Watch this clip to learn about a year in the life of a hedgehog. https://www.bbc.co.uk/bitesize/clips/z7kc87h</p> <p>Gather twigs, leaves, stones, shells to make a hedgehog. Either stick the twigs etc into dough or use a large stone as the hedgehog body and glue on leaves or twigs.</p>	<p>Number cards. Use card or a cereal box to make number cards, cut out 11 squares or rectangles about the same size as playing cards. On each card write a number from 0 to 10. You can add a spot on each card to correspond to the number. You may need cards 0-3 at first, 0-5 or you may be ready for 0-10.</p> <p>As you make the cards see if your child can say what number comes next and if they can recognise the numbers. Your child can write the numbers themselves too. Always use your cards alongside real objects-buttons, pegs, little figures etc. so your child understands the link between 2 objects, the word "2" and the written symbol 2.</p>
Tuesday	<p>Maths Games.</p> <p>Crouch down in a ball, then slowly count to ten as you grow. When you get to the target number stretch up, jump, and clap. Try not to be fully stretched and standing until the number ten is said. Once played a few times counting to 10, choose a number card or roll a dice and count and grow to that number. Remember you must uncurl at the same speed as the counting.</p>	<p>Find out more about hibernation and watch " Don't Wake up the Bear!" https://www.youtube.com/watch?v=5q-ReCPd-RE</p> <p>Find out which animals hibernate at: https://www.bbc.co.uk/cbbc/quizzes/hibernate-or-hibernot</p>
Wednesday	<p>More Number games. Choose an action e.g., hop. Bang a beat on a drum / table, starting with 2 or 3 beats. Do twice while your child listens and counts the number of taps and then carries out the correct number of actions. You may need to practise counting the beats first before adding an action.</p>	<p>Make a snow globe together using a plastic bottle. Fill the bottle with water and glitter, food colouring, bubble wrap etc. Please take a photo of your globe and share on Tapestry- we love to see your own creations!</p>
Thursday	<p>Hibernating tortoises https://www.bbc.co.uk/newsround/37605941</p> <p>Make a tortoise from a stone and stick on legs and a head - use paper, pipe cleaners, wrapping paper, etc. You could make a nest for your tortoise and hedgehog to hibernate in the garden.</p>	<p>Explore blowing bubbles in your sink or in your bath. What happens if you use a straw? A kitchen roll? Can you find anything else to blow bubbles through? If you have liquid children's paint at home, you can add a squirt of washing up liquid to about a tablespoon of paint in a container. Stir well then blow through a straw and into the container. Press a piece of paper on top of the bubbles and/or flick the bubbles on to paper to make patterns. https://www.youtube.com/watch?v=z4i3Pp_ciwA</p>
Friday	Dough Disco. Make some more dough using the recipe	Snuggle up with a favourite book. Can your child join in with repeated

	<p>from last week. Dough Disco is great for building strength and flexibility in the arms, wrists and fingers needed for writing. Here is a link to give you ideas for actions. Once you know these actions you can play your favourite songs.</p> <p>https://www.youtube.com/watch?v=DrBsNhwxyzgc</p> <p>Here is the dough recipe again: mix $\frac{1}{2}$ cup of salt, 1 cup of flour, 1 tablespoon of any cooking oil and, if you have it, 2 tablespoons cream of tartar (optional). Count out the ingredients with your child and mix well. Add 1 cup of warm water little at a time and mix again. If it is too sticky just add a little flour.</p>	<p>phrases? Can they say who the story is about? Can they say how the story starts? How does it end?</p>
Monday	<p>If you can get out into a garden, park or at the beach, otherwise look out of your window. Birds are not hibernating. What birds can you see? Make binoculars from kitchen roll insides and look out of your window or go for a walk. Make a very simple bird feeder by chopping cubes of bread, apples, etc. Make a hole through the middle of the cubes and together you can thread them onto a string, add sultanas too. Hang the strings by a window and wait!</p>	<p>Sing along with counting rhymes https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn</p>
Tuesday	<p>Number Games again. If you have been practising counting beats of a drum and matching one action to one beat, try the next challenge. Decide on an action for 1, 2 and 3 e.g., 1 = jump 2 = nod etc.). Bang a number of beats on a drum for your child to count and carry out the correct action. Start with 1 – 3 and slowly build up the number of actions as your child is ready.</p>	<p>Can you make a bed for one of your toys to hibernate? Perhaps you could find a box? What can you find to line your box?</p>
Wednesday	<p>Draw a picture of any birds you can see from your window or during your walk. Was the bird big or small? What colour was it? Did it have a big beak? Did you see if it had curly toes or webbed feet like a duck? Have a go at writing your name on the picture when you have finished and share it on Tapestry so we can see it too!</p>	<p>Have a music session using whatever instruments you have or can make at home. Try keeping a steady beat, playing fast and playing slow. For ideas see:</p> <p>https://www.youtube.com/watch?v=Us8BR_6edmE</p>

Thursday	<p>Sound boxes. Find a few familiar things around your house that make a sound e.g., scissors, Velcro, paper, keys, crisp packet, squeaky toy etc. Put them in a box or bag (a gift bag works well and looks good.) One by one show your child the item and listen to the sound. Put them back in the bag or box. If you like you can sing to the tune of Old Mc Donald "... has a box ee i ee i o and in that box she has a "...and out of sight make a noise with one object. Can your child guess the sound? Can you copy the sound together using your voice? Show the item and continue until you have guessed them all.</p>	<p>Do you have any house painting brushes or rollers? Go outside and paint with water. Making big movements with arms help build the muscles for mark making.</p> <p>Alternatively find scarves, dusters etc. and play some favourite music with a good beat. Wave your scarves up and down, around in circles, each hand separately and together, make zig zag shapes etc. See this clip for ideas:</p> <p>https://www.youtube.com/watch?v=pYnv7zfjJ-Q</p>
Friday	<p>Scissor skills: draw zig zags, wavy lines, big circles, straight lines etc. on a piece of paper then your child can have a go at cutting out along your lines. Write your child's name in big letters (only the first letter in capitals) then your child can overwrite on the letters with different colours to make rainbow writing. Finally draw a cloud around the outside of the name and cut out.</p>	<p>Join Strictly Dancing's Oti with Oti's Boogie Beebies</p> <p>https://www.bbc.co.uk/iplayer/episode/m000jsf1/otis-boogie-beebies-series-1-1-zoom-to-the-moon</p>